

I need support to see my grandchildren

Children's Contact Service Hobart & Launceston

Spending time with your grandchildren after a separation between parents can be challenging. Our Children's Contact Service provides a safe, neutral space for children to visit their grandparents, helping families manage visits and handovers with less stress.

We're here to support children and families, making these moments calmer, safer and more positive for everyone.



Our Locations

Hobart

20 Clare Street
New Town
Tas 7008

Devonport

68 North Fenton Street
Devonport
Tas 7310

Launceston

6 Paterson Street
Launceston
Tas 7250

Not near a centre?

Most services are available via phone or video and some are available via outreach.

Call our friendly team to make a booking.

 1300 364 277

For interstate callers please use:

 (03) 6279 5000

 tas.relationships.org.au

Independent / Inclusive / Non-Religious / Confidential



Support for older people and their families

Together we'll find a way



Relationships
AUSTRALIA • TAS

I need a safe space to talk

Counselling

Hobart, Launceston & Devonport

Our counselling program supports older people to explore feelings around grief, loneliness, family changes, health concerns, conflict or other experiences that feel difficult to manage alone.

Our counsellors listen with care and help you make sense of what you're feeling, offering support and practical strategies to help you feel more steady and supported.

I am struggling to make sense of my grief

Grief and Loss Counselling

Hobart, Launceston & Devonport

Grief can feel overwhelming and unpredictable and it affects everyone differently. You might be grieving the death of a loved one, coping with illness, losing a job, retiring, or adjusting to changes in relationships or your surroundings.

Our counsellors listen, help you understand your feelings and support you to find a way forward at your own pace.

I need support to reach agreements that work for everyone

Elder Mediation

Hobart, Launceston & Devonport

Elder Mediation is a free program that provides older people with a supportive space to talk with their family about issues such as property, finances, medical care and moving into aged care.

We provide a safe, neutral space where everyone can be heard and work towards agreements that work for all involved.

I am worried about my safety and wellbeing

Elder Counselling

Hobart, Launceston & Devonport

Elder Counselling is a free program where you can talk about what is happening in your life and how it is affecting you.

This may include experiences of elder abuse, grief and loss, loneliness, changes in retirement, caring responsibilities, or family relationships.

I am feeling lonely and would like regular connection

The Aged Care Volunteer Visitors Scheme (ACVVS)

Hobart & Launceston

ACVVS is a free program that connects eligible older people who are experiencing loneliness or social isolation with volunteer visitors who provide companionship and friendship.

Visits are available to people receiving government-subsidised residential aged care or accessing the Support at Home program who would benefit from regular social connection.

Volunteer visitors spend time with their matched older person, making at least 20 visits each year, usually for around one hour every fortnight. Visits can be as simple as sharing stories over a cup of tea, working on a hobby together, playing a game, or taking a walk.

These programs are funded by:

- The Tasmanian Government
- The Australian Government, Department of Health, Disability and Ageing
- The Australian Government, Department of Social Services
- Australian Government, Attorney-General's Department

