

I need support going through the courts safely

Family Advocacy and Support Service Hobart, Launceston & Devonport

Our Family Advocacy and Support Service provides free support for people affected by family violence who are involved in family law matters.

Our social support workers help you prepare for court, stay safe when you attend, understand the court process and connect with legal help or other services that support your wellbeing.

I need support to reach agreements that work for everyone

Mediation (Family Dispute Resolution) Hobart, Launceston & Devonport

Our mediators support people affected by family violence, including those experiencing it and those using violence, to work through conflict and improve communication.

We provide a safe, neutral space where everyone has the opportunity to be heard, and where we work towards an agreement that works for everyone involved.

Our Locations

Hobart

20 Clare Street
New Town
Tas 7008

Devonport

68 North Fenton Street
Devonport
Tas 7310

Launceston

6 Paterson Street
Launceston
Tas 7250

Not near a centre?

Most services are available via phone or video and some are available via outreach.

Call our friendly team to make a booking.

 **1300 364 277**

For interstate callers please use:

 **(03) 6279 5000**

 **tas.relationships.org.au**

Independent / Inclusive / Non-Religious / Confidential



Family violence support

Together we'll find a way



Relationships
AUSTRALIA • TAS

I need a safe space to talk

Counselling

Hobart, Launceston & Devonport

Our counselling program offers you a safe and confidential space where you can feel heard, understood and supported.

We work with you to make sense of your feelings and experiences and find strategies to support your wellbeing.

I need support with my relationship or family

Couples & Family Counselling

Hobart, Launceston & Devonport

When relationships or family dynamics become difficult, it can help to talk with someone outside the situation. Couples and family counselling provides a confidential space to strengthen understanding, improve communication, and work through challenges together.

Our counsellors support you to explore patterns, improve communication and strengthen your relationships. Whether you're dealing with conflict, change or disconnection, we walk alongside you as we find a way forward together.



I'm worried that family violence has affected my child

ACORN – Children and Young People's Family Violence Counselling

Hobart, Launceston & Devonport

ACORN provides free, confidential counselling to children and young people aged 5 to 18 who have been affected by family violence.

Our counsellors work with each child or young person at their own pace. They focus on helping them feel safe, build confidence and improve their emotional wellbeing. We also support parents and carers to understand what their child may be going through and how best to help them.

I need support with family visits

Children's Contact Service

Hobart, Launceston & Devonport

Spending time with both parents after a separation can be hard. Our Children's Contact Service provides a safe, neutral place for children to spend time with their parents after separation.

Our staff help separated families with changeovers between parents, supervised visits, and supporting the rebuilding of relationships between parents and children.

I want to build a safer, more respectful relationship with my partner

Men Engaging New Strategies Program

Hobart, Launceston & Devonport

Our Men Engaging New Strategies (MENS) Program is a free and confidential program for men who want to take responsibility for their behaviour and change patterns of violence, control or abuse in their relationships.

Our facilitators provide a safe, supportive space to reflect on your actions, understand their impact and learn strategies to build safer, more respectful relationships.



These programs are funded by:

- The Tasmanian Government – Safe Homes, Families, Communities: Tasmania's Family and Sexual Violence Action Plan 2023–2027
- The Australian Government, Department of Social Services
- Australian Government, Attorney-General's Department
- Tasmania Legal Aid
- Family Relationship Centre

