

I am worried family violence has affected my child

ACORN – Children and Young People’s Family Violence Counselling
Hobart, Launceston & Devonport

ACORN provides free, confidential counselling to children and young people aged 5 to 18 who have been affected by family violence.

Our counsellors work with each child or young person at their own pace. They focus on helping them feel safe, build confidence and improve their emotional wellbeing. We also support parents and carers to understand what their child may be going through and how best to support them.

My child needs support with grief, loss and change

Seasons for Growth Workshops

Seasons for Growth is a series of small group workshops for children and young people who have experienced grief, loss and change in their lives.

Through guided discussions and creative activities, the workshop helps children and young people recognise that their reactions are normal and learn new ways to cope.

They are supported to build skills in communication, decision making and emotional understanding, while also connecting with others who have had similar experiences.

Our Locations

Hobart

20 Clare Street
New Town
Tas 7008

Devonport

68 North Fenton Street
Devonport
Tas 7310

Launceston

6 Paterson Street
Launceston
Tas 7250

Not near a centre?

Most services are available via phone or video and some are available via outreach.

Call our friendly team to make a booking.

 1300 364 277

For interstate callers please use:

 (03) 6279 5000

 tas.relationships.org.au

Independent / Inclusive / Non-Religious / Confidential



Children and young people support

Together we'll find a way



Relationships
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My child needs a safe space to talk

Counselling

Hobart, Launceston & Devonport

Life can sometimes feel hard for children and young people. Big feelings, family changes, or worries like grief and loss, anxiety, or conflict can be overwhelming.

Our counsellors are here to listen and support children from ages 5 and up. We create a safe and caring space where children can share their feelings, learn new ways to cope and feel understood. We walk alongside children and their families, helping to make things a little easier.

Our family needs support with family visits

Children's Contact Service

Hobart, Launceston & Devonport

Spending time with both parents after a separation can be hard. The Children's Contact Service provides a safe, neutral place for children to spend time with their parents after separation.

Our staff help separated families with changeovers between parents, supervised visits and supporting the rebuilding of relationships between parents and children.

Strengthening relationships at home and school

Reconnect

Launceston & North East

Reconnect is a free program for young people aged 12-18 who are thinking about leaving home or school or have already left. We work with them to help things feel more stable at home, school and in everyday life.

Through practical support and counselling, Reconnect helps resolve family conflict, improve wellbeing and promote long-term housing stability.

My child needs help to cope with our separation

Supporting Children After Separation

Hobart

Our Supporting Children After Separation Program helps children and young people aged 5 to 17 to cope with family separation, particularly when things feel confusing, upsetting, or uncertain at home.

Our counsellors help children and young people to talk about their feelings, understand what is happening, build confidence and resilience and stay connected to the family members and adults who support and care for them.

My child needs support with their intercountry adoption experience

Intercountry Adoptee and Family Support Service (ICAFSS)

Hobart, Launceston & Devonport

ICAFSS offers a free and confidential space where children, young people, adoptees and their families can talk. Our counsellors provide support with the emotional and practical impacts of adoption, helping you navigate identity, belonging, grief, cultural connections and family relationships.

We also offer casework support, guidance and helpful resources.



These programs are funded by:

- The Australian Government, Department of Social Services
- Family Relationship Centre
- Australian Government, Attorney-General's Department



Australian Government